



St. Mary's Family Learning Centre

Winter-Spring Schedule 2012



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Talk 2 Me All speech and language sessions are pre-arranged.</p>	<p>* Be Back Soon 9:00 - 11:30 a.m.</p> <p>* Parent Interaction Group Jan. 17 - Mar. 27 9:30 - 11:30 a.m.</p> <p>*Going to School Apr.3 - May 8 9:30 - 11:30 a.m.</p> <p>*Children's Sexual Health May 15 - June 19 9:30 - 11:30 a.m.</p> <p>* Family Child Care 9:30 - 11:30 a.m.</p> <p>*Play and Parenting Session 1:00 - 3:00 p.m.</p> <p>* ESSO Math Program Jan. 31 - Mar.6 1:15 - 2:45 p.m.</p> <p>* Growing Up New Groups Begin: Mar.20, Apr.24, May 29 1:15 - 2:45 p.m.</p> <p>* Dads Group Jan.17, Feb.21, Mar.20, Apr.17 7:00 - 8:30 p.m.</p>	<p>* Play and Parenting Session 9:30 - 11:30 a.m.</p> <p>* Be Back Soon 1:00 - 3:30</p> <p>* BABY Group Jan. 11 - May 23 1:30 - 3:30 p.m.</p> <p>*Infant Massage May 30 - June 27 1:30 - 3:00 p.m.</p>	<p>* Be Back Soon 9:00 - 11:30 a.m.</p> <p>*Nobody's Perfect Jan. 19 - Mar. 8 9:30 - 11:30 a.m.</p> <p>* Parenting Matters Mar. 22 - May 3 9:30 - 11:30 a.m.</p> <p>* Ten Steps to Positive Discipline May 10 - June 14 9:30 - 11:30 a.m.</p> <p>* Family Child Care 9:30 - 11:30 a.m.</p> <p>* Play and Parenting Session 1:00 - 3:00 p.m.</p>	<p>* Be Back Soon 9:00 - 11:30 a.m.</p> <p>* Play and Parenting Session 9:30 - 11:30 a.m.</p>	<p>Fourth Annual Dads Matter Conference April 21, 2012 For fathers with preschool children ages 0 - 6</p> <div data-bbox="1501 828 1921 1161" style="border: 1px solid gray; padding: 10px; margin-top: 20px;"> <p>The resource library is available during Play and Parenting Sessions.</p> <p>Tuesday/Thursday 1:00-3:00 p.m.</p> <p>Wednesday/Friday 9:30-11:30 a.m.</p> </div>

VISITING THE CENTRE FOR THE FIRST TIME ?

New families are welcome during Play & Parenting Sessions.

There is no cost to participate in any of the programs.

Donations to support the centre are always welcome.

Ontario Early Years Centre
519-252-9696

Talk 2 Me
Preschool Speech and Language
519-252-0636

Play and Parenting Sessions

Tuesdays/Thursdays 1:00 - 3:00 p.m. Wednesdays/Fridays 9:30 - 11:30 a.m.

Play and Parenting Sessions are times when families can drop in and get together with other parents, caregivers and socialize with other children. You can participate in circle time activities, have fun in the many play areas, experience new toys & books, enjoy a nutritious snack, get information regarding other community resources, discuss parenting issues and concerns with experienced staff and receive a monthly calendar.

Be Back Soon Program

Tuesdays/Thursdays/Fridays 9:00 - 11:30 a.m. Wednesdays 1:00 - 3:30 p.m.

This program, available to eligible families living with low income, provides an opportunity to leave your children ages 0 - 6 years at the Centre for a short period of time at no cost. Parents may find this helpful when attending medical, legal, social service or counseling appointments, job interviews or workshops. A county site in Kingsville is also available.

Parent Interaction Group with Family Child Care

A discussion group facilitated by a staff member. Members of the group decide on the weekly parenting topic(s) to be discussed. Parents who have previously attended a parenting course are eligible to attend.

Going To School with Family Child Care

Parents will have an opportunity to network with other parents and receive information about how to make the transition to school a successful one. For parents of children entering JK/SK programs.

Children's Sexual Health Course with Family Child Care

This comprehensive 6 week course will provide parents of very young children with information about healthy sexual development as well as an opportunity to examine their values, communication style and comfort level with regard to sexuality. Each week a different topic is explored.

Nobody's Perfect with Family Child Care

A program for parents developed by Health Canada. It is designed to help parents recognize their strengths and to find positive ways to raise healthy, happy children. Topics discussed include health and safety, child development and discipline strategies.

Parenting Matters Course with Family Child Care

Some topics covered: discipline, helping your child with their emotions, toilet learning, eating, sleeping, sharing and sibling rivalry. Discussion and sharing solutions are also a part of this course.

Ten Steps to Positive Discipline with Family Child Care

A parenting course focusing on positive discipline. Child development, communication, the relationship with your child and other concepts are explored.

Infant Massage

For parents and children age 0 to 10 months.

Infant massage provides a loving connection between parent and baby starting early in life, supporting the strengthening of this attachment as baby grows.

Growing Up!

For children ages 3 - 6 years

Growing Up! is designed to encourage the development of children's healthy self-concepts and an awareness of how they connect to the world around them.

New groups begin: March 20, April 24 and May 29.

ESSO Family Math

A program for parents and children (ages 4 - 6 years) where games and activities reinforce math skills to develop new concepts and to foster an enjoyment for mathematics.

B.A.B.Y. Group with Family Child Care

The Bright, Active Babies and You Group is for mothers and fathers and their infants.

Family Child Care Program (during daytime programming)

Provides enrichment opportunities and social experiences for your child while allowing them to be close to their siblings. Caring staff with many years experience provide a safe, stimulating environment that will enrich your child's play experience.

Me and My Dad Programs:

Dads Group

Tuesday evenings - Jan. 17, Feb. 21, March 20 and April 17, 2012 7:00 - 8:30 p.m.

Discussions about feeling connected, discipline and the important role that fathers play in raising children

Dads Matter One Day Conference Saturday April 21, 2012 9:00 a.m.

Location: 3400 Somme (CAW Local 195 Hall, by Central Stamping)

For fathers of children 0 - 6 years

See flyer for details.

Dads are welcome in all programs at the Centre

“Don't Wait and See”

Talk 2 Me ...providing preschool speech and language services

Who May Make Referrals? ANYONE may call for advice, information or to make a referral - Parents, Family, Friends, Doctors, or Early Childhood Educators. Note: Parent/Guardian consent is required before services can begin.



[Services disponibles en français]

Call: Talk 2 Me - (519) 252-0636 or talk to the staff.